

Policy Makers

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What is SHAPES?

SHAPES is a large research project that is running across 14 European countries. The SHAPES consortium consists of 36 partners from academia, industry and civil societies that aim at helping older people to continue living healthy and active lives at home and within their communities.



How will SHAPES help older people?

To provide helping services, our researchers will interview older people across the EU to get a broad understanding of how their daily lives work. We know that involving older people in the development of digital health services leads to a sustainable use of these solutions and to allow managing and preventing health conditions that may be more prevalent among older people. Thus, SHAPES fosters the co-development of new digital services and digital devices in a joint approach of technology companies, technology and service advisors as well as its users and beneficiaries. At the same time, our researchers are investigating how different European health and care systems operate. This research helps us to create a SHAPES platform that provides user-oriented services and to ensure that all these digital services work together in a user-friendly way.



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What kind of services will SHAPES offer?

SHAPES establishes services that range from illness prevention and social interaction up to managing diseases and rehabilitation. The digital services allow monitoring, data collection and analysis in areas such as daily routine, social interaction, vital and mental status, and medication intake. This data forms the foundation for vast areas of research about the life world of older people and the medical support needed for their healthy ageing.



What benefits does SHAPES aim to provide?

SHAPES will provide an open platform that resembles a central gateway for older people to access several digital health services. The digital services aim to empower users via improved self-management. At the same time, the services provide insight into the health status of older people to assist the work of health and care service providers. This approach enables better management or delaying the onset of illness, by monitoring and analysing vital and mental status, as well as daily routine and medication in a holistic real-time manner. Analysis and resulting preventive or intervening measures will improve the use of resources in health and care, while contributing to better quality of life of older people using the technologies.



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How does the SHAPES approach involve policy makers?

SHAPES involves all relevant stakeholders in the development of digital health services to ensure sustainable use of these services and to allow managing and preventing health conditions that may be more prevalent among older people. Thus, SHAPES co-develops new digital solutions and digital devices in a joint approach with technology companies, technology and service advisors as well as its users and beneficiaries. It is essential that the SHAPES approach and the framework of regulations for digital health co-evolve to fully exploit the potential of digital health services. Throughout the project, the SHAPES consortium approaches policy makers to form liaisons that support the uptake and sustainability of its pilot and research outputs.



Where can I learn more about SHAPES?

For a more details, please have a look at shapes2020.eu. On our website we also provide our [public deliverables](#) that summarize the results of SHAPES. Please also feel free to contact us directly [here](#).



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We invite you to join our Dialogue Workshops that we run every six months (shapes2020.eu/workshops). In those workshops, we present and discuss important topics with everyone interested to ensure the success of SHAPES.