

Older People

Older people



What is SHAPES?

SHAPES is a large research project that is running across 14 European countries. The SHAPES consortium consists of researchers, technology companies, civil society and public organizations that aim at helping older people to continue living healthy and active lives both at home and within their communities.



How will SHAPES help older people?

SHAPES researchers interview older people across several EU countries to get a broad understanding about their daily lives. At the same time, our researchers investigate how different European health and care systems, such as hospitals and social workers, operate. This research helps us to establish a range of digital solutions that assist older people in their everyday lives.



How will I be able to use these digital solutions?

We will create a central SHAPES platform to make our solutions available and to ensure that all solutions work together in a user-friendly way.



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Why should I use the SHAPES digital solutions?

We will provide solutions that efficiently target problems of your everyday life. We design and test the solutions together with older people to consider their thoughts, feelings and opinions. We know that involving older people in the development of digital health services facilitates the daily use of these solutions.

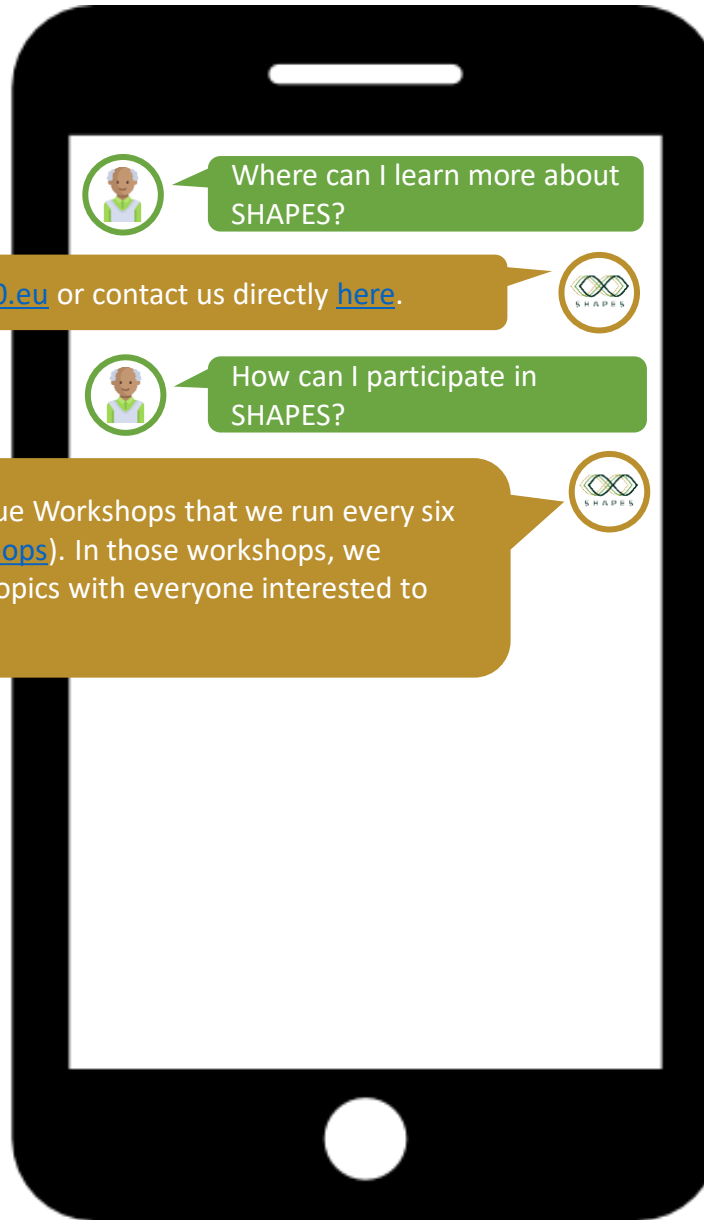


What kind of solutions does SHAPES offer?

The SHAPES solutions involve mobile apps that will help you stay connected to your family and friends, apps that can remind you when to take your medicine and some solutions will help your caregivers or medical team to monitor how you are doing at home, and hopefully reduce the number of times you need to visit a hospital. To easily manage diseases and provide appropriate rehabilitation, SHAPES establishes also solutions for medicine control and optimisation, care delivery, physical rehabilitation at home, and easy cross-border exchange of health information. You can help us create these solutions, together.



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Where can I learn more about SHAPES?

Please have a look at shapes2020.eu or contact us directly [here](#).



How can I participate in SHAPES?

We invite you to join our Dialogue Workshops that we run every six months (shapes2020.eu/workshops). In those workshops, we present and discuss important topics with everyone interested to ensure the success of SHAPES.

