

# Academia

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The image shows a black smartphone with a white screen. On the screen, there is a Q&A format. The first question is "What is SHAPES?" followed by a detailed answer about the project's scope and aims. The second question is "How will SHAPES help older people?" followed by a detailed answer about the research methods and outcomes. The SHAPES logo, which consists of a stylized infinity symbol and the word "SHAPES", appears three times: once next to each question and once at the bottom right of the phone's screen.

What is SHAPES?

SHAPES is a large research project that is running across 14 European countries. The SHAPES consortium consists of researchers, technology companies, civil society and public organizations that aim at helping older people to continue living healthy and active lives both at home and within their communities.

How will SHAPES help older people?

To provide helping services, our researchers will interview older people across the EU to get a broad understanding of how their daily lives work. We involve older people in the development of digital health services to ensure a sustainable use of these solutions and to allow managing and preventing health conditions that may be more prevalent among older people. Thus, we co-design and implement services together with their users to facilitate independent living and healthy ageing. At the same time, our researchers are investigating how different European health and care systems operate. This research helps us to create a SHAPES platform that provides user-oriented services and to ensure that all these digital services work together in a user-friendly way.

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The smartphone screen shows two green speech bubbles with white text and icons:

- Top bubble:** An icon of a person with glasses holding a smartphone is followed by the text: "What kind of solutions does SHAPES offer?"
- Bottom bubble:** An icon of a person with glasses holding a smartphone is followed by the text: "How can academia help SHAPES?"

The background of the phone screen features the SHAPES logo, which consists of a stylized infinity symbol inside a circle with the word "SHAPES" below it.

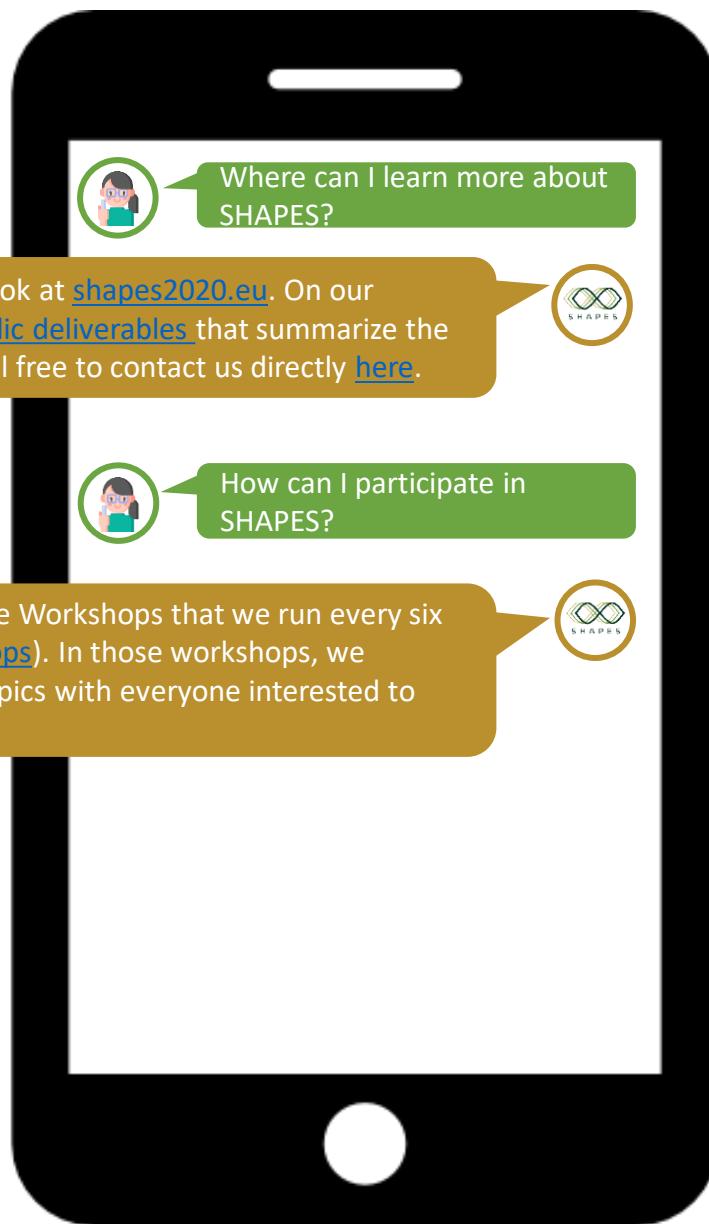
**Text in the top bubble:**

Within several pilots across Europe that involve more than 2000 older participants, SHAPES will establish services that range from illness prevention and social interaction up to managing diseases and rehabilitation. The digital services allow monitoring, data collection and analysis in areas such as daily routine, social interaction, vital and mental status, and medication intake. This data forms the foundation for vast areas of research about the life world of older people and the medical support needed for their healthy ageing. Given the projected influences of demographic ageing across the coming decades, the importance of this research steadily grows, as it will show ways to overcome the challenges of an ageing population on society.

**Text in the bottom bubble:**

As an open platform, SHAPES intends to provide research data for academic institutions after the project. SHAPES also invites academic institutions and researchers to join the network and form liaisons that support the uptake and sustainability of its pilot and research outputs. Help us create these solutions and services, together.

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Where can I learn more about SHAPES?

For more details, please have a look at [shapes2020.eu](http://shapes2020.eu). On our website, we also provide our [public deliverables](#) that summarize the results of SHAPES. Please also feel free to contact us directly [here](#).

How can I participate in SHAPES?

We invite you to join our Dialogue Workshops that we run every six months ([shapes2020.eu/workshops](http://shapes2020.eu/workshops)). In those workshops, we present and discuss important topics with everyone interested to ensure the success of SHAPES.