

Health and Care Providers

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SHAPES is a large research project that is running across 14 European countries. The SHAPES consortium consists of researchers, technology companies, civil society and public organizations that aim at helping older people to continue living healthy and active lives both at home and within their communities.

How will SHAPES help older people?

To provide helping services, our researchers will interview older people across the EU to get a broad understanding of how their daily lives work. We involve older people in the development of digital health services to ensure a sustainable use of these solutions and to allow managing and preventing health conditions that may be more prevalent among older people. Thus, we co-design and implement services together with their users to facilitate independent living and healthy ageing. At the same time, our researchers are investigating how different European health and care systems operate. This research helps us to create a SHAPES platform that provides user-oriented services and to ensure that all these digital services work together in a user-friendly way.

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What kind of solutions does SHAPES offer?

SHAPES will establish services that range from illness prevention and social interaction up to managing diseases and rehabilitation. The digital services tested during the SHAPES pilots empower users through improved self-management. At the same time, our services provide insight into the health status of older people to assist the work of health and care service providers. This approach enables better management and delaying the onset of illness by monitoring and analysing vital and mental data, daily routine and medication in a holistic real-time manner. Ultimately, data analysis and resulting preventive or intervening measures will improve the use of resources in health and care, while contributing to better quality of life of older people using the technologies

How can health and care providers help SHAPES?

The increasing number of SHAPES services will broaden the portfolio of health and care providers and enlarge their capabilities to overcome the gap between preventing and treating diseases of older people. To do this efficiently, SHAPES consults health and care providers throughout the project to guarantee service uptake and long-term sustainability in the future. Help us create these solutions and services, together.

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Where can I learn more about SHAPES?

For more details, please have a look at shapes2020.eu. On our website, we also provide our [public deliverables](#) that summarize the results of SHAPES. Please also feel free to contact us directly [here](#).



How can I participate in SHAPES?

We invite you to join our Dialogue Workshops that we run every six months (shapes2020.eu/workshops). In those workshops, we present and discuss important topics with everyone interested to ensure the success of SHAPES.

