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What is SHAPES?

SHAPES is a large research project that is running across 14 European countries. The SHAPES consortium consists of researchers, technology companies, civil society and public organizations that aim at helping older people to continue living healthy and active lives both at home and within their communities.

How will SHAPES help older people?

To provide helping services, our researchers interview older people across several EU countries to get a broad understanding of their lives. We involve older people in the development of digital health services to ensure a sustainable use of our solutions and to allow managing and preventing health conditions that may be more prevalent among older people. Thus, we co-design and implement services together with their users to facilitate independent living and healthy ageing. At the same time, our researchers are investigating how different European health and care systems operate. This research helps us to create a SHAPES platform that provides user-oriented services and to ensure that all these digital solutions work together in a user-friendly way.

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What kind of solutions does SHAPES offer?

SHAPES will establish solutions that range from illness prevention and social interaction to managing diseases and rehabilitation. SHAPES deploys and provides safe, smart-home environments, in-home care, solutions for social integration, games for cognitive stimulation and specialized nursing services. SHAPES also tests and provides solutions to easily manage diseases and provide appropriate rehabilitation, such as medicine control and optimisation, care delivery, physical rehabilitation at home, and easy cross-border exchange of health information.



Which role does civil society play in SHAPES?

We are interested in the views of older people to consider their preferences on how they would like to use digital solutions, how these solutions should look and feel and how to ensure accessibility. We are also interested in the views of organisations for people with disabilities, who help us understand how we can ensure the full accessibility of our solutions to everyone. Civil society plays an essential role in expressing the needs and opinions of older people and representing them wherever needed. At the same time, civil society is an invaluable channel to reach older people, inform older people and facilitate the uptake and use of digital solutions. Help us create these solutions and services, together.



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Where can I learn more about SHAPES?

For more details, please have a look at shapes2020.eu. On our website, we also provide our [public deliverables](#) that summarize the results of SHAPES. Please also feel free to contact us directly [here](#).

How can I participate in SHAPES?

We invite you to join our Dialogue Workshops that we run every six months (shapes2020.eu/workshops). In those workshops, we present and discuss important topics with everyone interested to ensure the success of SHAPES.