



# SHAPES

Roberto is a 68-year-old man that lives alone, after 15 years as the primary carer of his wife Maria who has Alzheimer's disease. Maria is now in a care home, but Roberto continues to support her through different care activities, regular visits, bringing her gifts and daily necessities, and helping her to keep her medical appointments.



## **Roberto's full story:**

**"Making a Good Patient":  
The hidden tactics that unlock  
functional health and care.**

Roberto himself has become frailer in the last years. He is managing various age related diseases and, after he injured his left leg in a recent fall, there was a genuine concern, in both his medical team and across his network, that Roberto himself might become infirm.

Thanks to **SHAPES project** he now can use the **eHealthPass mobile application** that provides him an overview of his daily health and care activities, treatment plans, a self-assessment tool with personalised questionnaires, and personalized notifications.

With this mobile application, Roberto will also be able to share information with his General Practitioners, control the medication, register and monitor vital signs, manage diet and nutrition, regulate physical activity, and book, manage and cancel medical appointments.

## PROJECT DATA

**PROGRAMME:** H2020-EU.3.1.4.1. – Active Ageing, Independent and Assisted Living and H2020-EU.2.1.1.3. – Future Internet: Software, Hardware, Infrastructures, Technologies and Services

**TYPE OF ACTION:** Innovation Action

**DURATION:** 48 months (1 nov 2019 – 31 oct 2023)

**PROJECT BUDGET:** € 20.944.318,75

**CONSORTIUM:** 36 partners from 14 European countries

**COORDINATOR:** Maynooth University



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